



PIZZAS

Margherita
BBQ Chicken
Butter Chicken

\$13⁹⁹



QUICHES & PIES

Available in 5" and 8" sizes

Quiches:
Bacon Cheddar
Broccoli Cheddar
Mushroom Cheddar

Pot Pies:
Chicken | Turkey

\$6¹⁹ -
\$17⁹⁹



At Arthur's Urban Market, our philosophy is simple – we believe that every bite tells a story. From the benefits of buying healthy, to the untold stories of local farmers, and our relationships with vendors around the world, we bring these stories home. With offerings like our onsite artisan bakery, we strive to inspire a more European-style approach to grocery shopping — where a daily trip to the market is as important to your dinner as enjoying the meal itself. It's all part of sharing our passion for food with our customers, helping them make healthier and informed choices for nourishing themselves and their families.



OPEN
MONDAY *thru* SUNDAY
8AM-8PM

Tel. (902) 422-5538 | 1591 Hollis St, Halifax, NS B3J 1V3

Delivery options available, starting at \$9.99.
Minimum order of \$50 with 24 hours notice required.

Email info@arthursmarket.ca

  www.arthursmarket.ca

ARTHUR'S

URBAN MARKET



MEALS TO GO MENU

Just heat and serve.

We cook all of our meals on site without the use of additives or preservatives.

Fast Home Delivery Options Available

Select meals and soups are only offered fresh and may not be available everyday

For more information call (902) 422-5538



SANDWICHES

- Ham And Cheese
- Chicken Clubhouse
- Egg Salad | Tuna Salad
- Honey Ham On Cheese Bun
- Caprese Pesto On Kaiser Bun
- Chicken Salad On Croissant
- Chicken Curry Salad On Croissant
- BLT With Cheddar Cheese On Croissant
- Banh Mi Chicken | Banh Mi Pork

\$6⁹⁹ -
\$11⁹⁹



BOWLS

- Vegetarian Rice
- Southwest Chicken
- Vegan Soba Noodle
- Maple Salmon Barley
- Mediterranean Quinoa

\$10⁹⁹ -
\$17⁹⁹



SOUPS

- Chicken Noodle
- Butternut Squash
- Roasted Red Pepper
- Beef Chili
- Chowders: Corn | Seafood

500ml \$6⁹⁹
1L \$11⁹⁹



SUSHI

(Homemade in house)

- Texmex
- Spicy Tuna
- Teriyaki Salmon
- Crispy Crab Stick
- Wasabi Rainbow
- Teriyaki Chicken Maki
- California Roll
- Veggie Roll
- Crazy Maki Roll
- Dragon Maki Roll
- Shake Tempura Roll
- Spicy Chicken Maki Roll
- Sweet Chili Chicken Roll
- Spicy Smoked Salmon Roll
- Cream Cheese Tempura Roll
- Avocado Salmon Sashimi

Starting at
\$8⁹⁹



SALADS

- Fresh Greek Feta
- Mediterranean Orzo
- Broccoli Cheddar Bacon
- Chickpea And Sundried Tomato
- Caesar | Greek | Garden

Leafy Salads \$9⁹⁹
Wet Salads By kg



ENTREES

- Beef Lasagna
- Sheppard's Pie
- Butter Chicken
- Thai Curry Chicken
- Thai Shrimp Noodle
- Spaghetti Bolognese
- Bacon Mac & Cheese
- Chicken Bacon Alfredo
- Creamy Mac & Cheese
- Stir Fry: Chicken | Beef | Vegetable

\$10⁹⁹ -
\$14⁹⁹

Salt Cod Fishcake 1 pack | 2 pack | 4 pack
\$2.99 | \$4.99 | \$8.99



HOT BAR

\$2.⁷⁹
/100g

MONDAY - FRIDAY 11:30am - 2pm

- Mon** Italian Pastas, Rice, Chicken, Veggies
- Tue** Indian Curry, Butter Chicken, Samosas, Veggies
- Wed** Mexican Tacos, Quesadillas, Burritos, Chili, Veggies
- Thu** Chinese Style Stirfry, Cherry Chicken, Fried Rice, Veggies
- Fri** BBQ Pork Ribs, Chicken Wings, Rice, Fresh Haddock, Veggies